

32201 Queen Anne Hwy. Queen Anne, MD 21657 Phone 410-364-9222 Fax 410-364-9310 Email tuckchiro@live.com

Dear			
Your new patient a		s been scheduled	for:
Date:			
Please arrive 15 m			time. Bring the
following with you			
*X-rays and/or MRI's (Dis	k & report) of the pr	oblem area if you have	them.
*Insurance Card(s) &Co-F	ay	,	
*Driver's License or Phot	o ID		
*New Patient Paperwork	completed.		
* Please wear separate to	ps& bottoms, as you	will be disrobed/gown	ed from the waist up.
** Medicare, Priority	Partners & United	Healthcare DOES N	OT pay for Xrays done in
our office.**			
**You will be respons	ible for payment i	f you have X-rays do	one in our office. **
			r appointment. Call our
office if you have any			- Approximation Call Gall
Complete the paperw	ork and bring it wi	ith you to your appe	ointment. If you don't have
			e late, we will have to re-
		ment reminder/con	firmation text or call will
pe sent to you the day	before.		
Ne dedicate a minimu	ım of one (1) hour	to each new patien	t appointment. Please
			keep your appointment.
		you are unable to r	cep your appointment.

We look forward to meeting you. If you have any questions please feel free

Thank you,
Brandi Arnold- Office Manager

to contact me.

NEW PATIENT INFORMATION

Patient:		Date:	
Your Personal Information	Address: Date Age: Gender: □ M Employer: Type of Work Performed: In Case Of Emergency Notify: Family Physician:	Spouse:	
Your Current Health Concern	Primary Reason For Today's Visit: Check The Severity Of Your Complaint: (Mild) Experienced Previously? Yes Never Is This Condition: Job Related Auto Accident Fall or Injury Other: Other Doctor's Opinions or Diagnosis: Other Or Secondary Health Concerns: Drugs Or Medications Now Taking: Pain Killers / Muscle Relaxants Tranquilizers Blood Pressure Medicine Antibiotics		
Your Past Health History	☐ Chest / Hear	/ Nose / Throat ☐ Head/Neck ☐ Back / Spine rt / Lungs ☐ Abdominal ☐ Other:	

TUCKAHOE CHIROPRACTIC 32201 QUEEN ANNE HITY, QUEEN ANNE, MD 21657 410-364-9222

NEW PATIENT INFORMATION

Check Any Of The Following That May Apply To You	Health Issues: Scoliosis
	Muscles-Skeleton Circulation-Breathing Eye-Ear-Nose-Throat
Check Any Problems That You	□ Low Back Pain □ Chest Pain □ Eyes / Vision □ Middle Back □ Lungs/Breathing □ Dental / TMJ □ Neck □ Blood Pressure □ Throat / Voice □ Hips / Legs □ Heart Rate □ Ears / Hearing □ Joint Pain □ Poor Circulation □ Sinus Pain / Drainage □ Shoulders/Arms □ Coughing or Wheezing
May Have Had Within	Nerve System Digestion-Elimination Urinary-Genitals
The Last Six Months	☐ Headaches ☐ Poor Appetite ☐ Pain With Urination ☐ Nervousness ☐ Excessive Thirst ☐ Infrequent Urination ☐ Numbness ☐ Nausea ☐ Frequent Urination ☐ Weak Muscles ☐ Diarrhea ☐ Weak Stream ☐ Dizziness ☐ Constipation ☐ Bladder Control ☐ Forgetfulnes ☐ Hemorrhoids ☐ Genitals ☐ Depression ☐ Weight Loss / Gain ☐ Fainting ☐ Heartburn ☐ Seizures ☐ Change In Stools
	☐ Cold Hands / Feet ☐ Stress Reactions ☐ Shaking / Tremors ☐ Cold Hands / Feet ☐ Female Only ☐ Breast Lumps/Pain ☐ Back Pain w/ Period ☐ Breast Implants
Please Mark Area Of Concern & Sign	I understand that my care in this office involves the making of judgements that are based upon the facts known by the doctor. Therfore, the above information is true and complete to the best of my knowledge (X) Pain (O) Spasm (1) Numb

Patient's Signature:

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Back Index

Patient Name	rev 3/27/2003
This questionnaire will also very	Date

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- The pain comes and goes and is very mild.
- The pain is mild and does not vary much.
- ② The pain comes and goes and is moderate.
- The pain is moderate and does not vary much.
- The pain comes and goes and is very severe.
- ⑤ The pain is very severe and does not vary much.

Sleeping

- ① I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- 3 Because of pain my normal sleep is reduced by less than 50%.
- Because of pain my normal sleep is reduced by less than 75%.
- ⑤ Pain prevents me from sleeping at all.

Sitting

- ① I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- 3) Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- I avoid sitting because it increases pain immediately.

Standing

- ① I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- ③ I cannot stand for longer than 1/2 hour without increasing pain.
- I cannot stand for longer than 10 minutes without increasing pain.
- (5) I avoid standing because it increases pain immediately.

Walking

- ① I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- ① I cannot walk more than 1/2 mile without increasing pain.
- I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

Personal Care

- I do not have to change my way of washing or dressing in order to avoid pain.
- ① 1 do not normally change my way of washing or dressing even though it causes some pain.
- ② Washing and dressing increases the pain but I manage not to change my way of doing it.
- (3) Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- Because of the pain I am unable to do some washing and dressing without help.
- ⑤ Because of the pain I am unable to do any washing and dressing without help.

Lifting

- I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- Pain prevents me from lifting heavy weights off the floor.
- 3 Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

Traveling

- ① I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- 2 I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- 3 I get extra pain while traveling which causes me to seek alternate forms of travel.
- Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

Social Life

- My social life is normal and gives me no extra pain.
- My social life is normal but increases the degree of pain.
- ② Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- ③ Pain has restricted my social life and I do not go out very often.
- Pain has restricted my social life to my home.
- ⑤ I have hardly any social life because of the pain.

Changing degree of pain

- My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- My pain seems to be getting better but improvement is slow.
- 3 My pain is neither getting better or worse.
- My pain is gradually worsening.
- ⑤ My pain is rapidly worsening.

Back	
Index	
Cana	
Score	

Index Score = [Sum of all statements selected / (# of sections with a statement selected $\times 5$)] $\times 100$

Neck Index

① I can only do my usual work but no more.

③ I cannot do my usual work.

(5) I cannot do any work at all.

(4) I can hardly do any work at all.

② I can only do most of my usual work but no more.

Form N1-100

· Still Att-100	
Patient Name	rev 3/27/2003
	Date
This questionnaire will give your provider informations Please answer every section by marking the one section apply, please mark the one statement the	ation about how your neck condition affects your everyday life
Pain Intensity	
I have no pain at the moment.	Personal Care
① The pain is very mild at the moment.	I can look after myself normally without causing extra pain.
② The pain comes and goes and is moderate.	O i can look after myself normally but it causes extra pain
3 The pain is fairly severe at the moment.	(a) It is painful to look after myself and I am slow and any t
The pain is very severe at the moment.	O Triedd sollie neip but I manage most of my nersonal care
S The pain is the worst imaginable at the moment.	These help every day in most aspects of self care
3 - I and Malinotte	(5) I do not get dressed, I wash with difficulty and stay in bed.
Sleeping	t tea.
I have no trouble sleeping.	Lifting
My sleep is slightly disturbed (less than 1 hour sleepless)	I can lift heavy weights without extra pain.
wy sleep is mildly disturbed (1-2 hours sleepless)	① I can lift heavy weights but it causes extra pain.
(3) My sleep is moderately disturbed (2-3 hours cleanlane)	② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (as
My sieep is greatly disturbed (3-5 hours sieenless)	if they are conveniently positioned (e.g., on a table). ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are careful.
S My sleep is completely disturbed (5-7 hours sleepless).	light to medium weights if they are conveniently positioned.
	I can only lift very light weights.
	⑤ I cannot lift or carry anything at all.
Reading	
	Driving
I can read as much as I want with no neck pain. I can read as much as I want with slight neck pain.	I can drive my car without any neck pain.
② I can read as much as I want with moderate neck pain.	① I can drive my car as long as I want with slight needs pain
I cannot read as much as I want because of moderate neck pain.	can onve my car as long as I want with moderate need page
(a) I can hardly read at all because of severe neck pain.	Treatmost drive thy car as long as I want because of moderate cook and
(5) I cannot read at all because of neck pain.	of sear hardly drive at all because of severe neck pain
	I cannot drive my car at all because of neck pain.
Concentration	Recreation
I can concentrate fully when I want with no difficulty.	
(1) I can concentrate fully when I want with slight difficulty	I am able to engage in all my recreation activities without neck pain.
I have a fair degree of difficulty concentrating when I want	I am able to engage in all my usual recreation activities with some neck pain. I am able to engage in most but and the control of t
(3) Friave a lot of difficulty concentrating when I want	② I am able to engage in most but not all my usual recreation activities because of neck pain. ③ I am only able to engage in a few of my ways.
I have a great deal of difficulty concentrating when I want. I cannot concentrate at all.	 I am only able to engage in a few of my usual recreation activities because of neck pain. I can hardly do any recreation activities because of neck pain.
i somet concentrate at all.	I cannot do any recreation activities at all.
Work	
① I can do as much work as I want.	Headaches
O . Out on as mount work as I want.	(i) have no bordest.

Headaches

- (1) I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- ③ I have moderate headaches which come frequently.
- I have severe headaches which come frequently.
 I have headaches almost all the time.

Neck	
Index	
Score	

The Keele STarT Back Screening Tool

i	Patient name:		,	Date:	·		
	Thinking about th	he last 2 weeks	tick your response	to the following q	uestions:		
•				ř		Disagree 0	Agree
	traj ocost patri ilas ;						
	para m				3		
.3	171 100 100				T		<u>.</u> .
4							
5 —	It's not really safe f				ly active		п
6	Worrying thoughts					0	
7	I feel that my back	pain is terrible	and it's never goi	ng to get any bett	er		П
8	In general I have no	t enjoyed all th	e things I used to e	njoy		0	
9.	Overall, how bothers			<u> </u>	· · · · · · · · · · · · · · · · · · ·	<u> </u>	
	Not at all	Slightly	Moderately	Very much	(Eartenna 1		
545	0	0 ~	0		Extremel	У	
	Total score (all 9):		Sub Scor	e (Q5-9):	,		

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Office Policies

Due to the increased volume of patients and the priority that we show to each and every one of our patients, we put the following polices in place. Please read and initial that you acknowledge each policy.

1. Appointment cancellations: We require 24 hours notice to car understand life happens and things come up without notice, how reschedule your appointment please call us as soon as possible. WITHOUT APPROPRIATE NOTIFICATION in a 6 month tirrelease from care for non-compliance.	vever, if you need to cancel or Three (3) cancellations
2. In the event that you have cancelled your appointment(s) 3 tir without 24 hours notice, you will be charged a \$65.00 cancellation before or at your next treatment with Dr. Johnson.	mes in a 6 month timeframe fon fee. This fee will be due (initials)
3. If missing your appointments (NO CALL/NO SHOW) become deem it necessary to release you from our care.	nes a continuous concern, we will (initials)
4. We currently schedule our routine/continuous care appointme have a NEW injury or concern, Please inform the front desk staff. This may require another appointment, in a longer time slot to ac CANNOT be treated without an Evaluation.	f BEFORE seeing the Doctor
5. We will make every effort to verify and obtain your Health In information. Ultimately it is Your responsibility to know your colimitation details. If there are any changes with your insurance p new insurance cards, it is Your responsibility to inform us BEFC appointment.	overage, policy benefits and olicy(s), to include receiving
6. You agree to notify our office of any changes in your address, insurance provider, BEFORE or AT your next appointment.	contact information or (initials)
Signature	Date:
Name (Printed)	
Thank you & We appreciate you!	

TUCKLIFOE CHIROPAACTIC 32201 QUEEN ANNE HIFT, QUEEN ANNE, MD 21657 410-364-9222

INFORMED PATIENT CONSENT AND THE DOCTOR-PATIENT RELATIONSHIP

Chiropractic Care	It is the premise of Chiropractic that the human body possesses the inherent potential to maintain itself in a natural state of homeostasis. A state of normal homeostasis allows the body to establish normal function, express appropriate adaptation, and employ its recuperative, health sustaining powers. The relationship between the spine and the nervous system may affect the conduction of the nerve impulses over the nervous system affecting that inherent potential. Therefore, chiropractic care focuses primarily on the chiropractic adjustment for the purpose of establishing proper spinal alignment thus allowing normal nerve conduction throughout the body. The success of chiropractic care often depends on the environment, underlying causes and the physical and spinal conditions of each individual patient.
Chiropractic Analysis	The doctor will conduct a clinical analysis for the express purpose of determining the presence of the vertebral subluxation and the effects of the vertebral subluxation complex. If such is not detected, the patient will be informed and an attempt to refer the patient to an appropriate health care provider will be made.
Clinical Results	The purpose of chiropractic care is to promote health though the correction of the vertebral subluxation complex. Since there are so many variables, it is difficult to predict the time schedule, degree of response, or the efficacy of the chiropractic adjustment for any given patient. However, the doctor may make recommendations for clinical management based upon known circumstances and clinical experience. Due to the complexities of nature, and the many variables (both known and unknown) that can affect a patient's response, no doctor can promise specific results. The Doctor of Chiropractic is licensed to provide a specialized unique, non-duplicating health service. The Chiropractor is licensed in a special area of practice and is available to work with other providers in your health care regimen.
Medical Diagnosis	Although Doctors of Chiropractic are experts in the analysis of the structural alignment of the human spine and its effects on the nervous system, they are not internal medical or surgical specialists. Therefore, every patient should be mindful of their own symptoms and should secure other opinions should they have any concerns as to the nature of any other symptoms or their total health picture. Your Doctor of Chiropractic may express an opinion as to whether or not further consultation is necessary, but the patient is responsible for the final decision and any subsequent action.
Contra- indications To Chiropractic Care	Where vertebral subluxations are detected, the chiropractic adjustment is usually beneficial and seldom causes any adverse reactions. In rare cases, undetected physical defects, deformities, or pathologies may render the patient susceptible to such injuries as vascular accidents, fractures and disc injury. The doctor, of course, will not perform any procedures if there is awareness that such care may be contra-indicated. It is the responsibility of the patient to make it known if they are aware that they are suffering from: pathological conditions, illnesses, injuries, or deformities which may be known to the patient but have not have otherwise come to the attention of this doctor. By signing below, the patient affirms that they have been open and truthful in disclosing their health history, and gives the doctor permission and authority to examine and care for them in accordance with recognized standards and acceptable chiropractic analytical and corrective procedures.
Patient Consent For Care	Please discuss any questions or problems with the doctor before signing this statement of understanding and consent for care. I have read and understand the foregoing. I hereby request and authorize the doctor to render chiropractic care to me: Signature of Patient. Parent, or Guardian Date



Patient Health Information Consent Form

We want you to know how your Patient Health Information (PHI) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPPA NOTICE that is available to you at the front desk before signing this consent.

- 1. The patient understands and agrees to allow this chiropractic office to use their Patient Health Information (PHI) for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
- 2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
- 3. A patient's written consent need only be obtained one time for all subsequent care given to the patient in this office.
- 4. The patient may provide a written request to revoke consent at any time during care. This would not effect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
- 5. For your security and right to privacy, all staff have been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
- 6. Patients have the right to file a formal complaint with our privacy official about any possible violation of these policies and procedures.
- 7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.

I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.

Print Legal Name	Sign Legal Name	· · · · · · · · · · · · · · · · · · ·
Date:		

DIRECTIVE FOR DISBURSEMENT

"ASSIGNMENT OF INSURANCE BENEFITS"

By this instrument, I authorize, instruct, and order any insurance company obligated by contractual agreement to reimburse me for allowable professional or medical services to make direct payment to:

) Judaakoo Cotauraa oo oo Saaci Qoban Saat Riyo Cousen wate, 2006 ist

The provider shall directly credit this payment to my account, and I have agreed to pay (in a current manner) the balance of all charges for professional services over and above the insurance benefits.

I also authorize the release of any HIPAA protected health information pertinent to my case to any insurance company, claims adjuster, or attorney involved in this case for the purpose of securing insurance benefits payable to the above named provider or myself.

Initialed _____

THIS IS A DIRECT ASSIGNMENT OF ALL BENEFITS TO THIS HEALTHCARE PROVIDER.

Signature of Policy Holder	Witness		
Signature of Claimant	Date		

A PHOTO COPY OF THIS DOCUMENT SHALL BE AS VALID AS THE ORIGINAL

Tuckahoe chiropractic 32201 Queen anne Hwy, queen anne, Md 21657 410-364-9222

FINANCIAL OPTIONS

Welcome to our practice! We are proud to provide three options for the handling of our patient's financial accounts. Please review the following choices and check the type of arrangement that best depicts the way you would like us to handle your account.

Thank-you!

☐ Non-Insured / Cash Option

The following policy applies to those patients who do not have health insurance benefits or to those who prefer to pay for their services and handle their own insurance processing.

- 1. Our office does not routinely bill patients for their care. Payment is requested at time of service.
- 2. We accept cash, check, MasterCard, VISA, and Discover as payment for your care.
- 3. We will not deny care to anyone based on their inability to pay for our services.
- 4. If necessary, we will make arrangements with patients who request that such arrangements be made.
- 5. We will provide forms, information, and the guidance to enable patients to process their own insurance claims if they so desire.

☐ Approved Insurance Option

The following policy applies to those patients with appropriate health insurance coverage. (We do not accept assignment on personal injury nor secondary insurance benefits.)

- 1. We will accept written assignment on the estimated amount of insurance benefits available through your primary insurance carrier.
- 2. Our office will estimate the total cost of non-insurance covered care, and pro-rate your portion into weekly payments.
- 3. Only patients undergoing active care will be eligible to assign their insurance benefits to this office.
- 4. If you should discontinue care prior to being released by doctor, all outstanding balances will immediately become due and payable.

☐ Medicare Option

The following policy applies to those patients with Medicare insurance coverage. We are a Medicare approved, "non-participating" provider. (Please ask for details.) The following policies are federally mandated.

- 1. We cannot accept assignment on the Medicare benefits, however we will make financial arrangements if necessary.
- 2. We must file for benefits on your behalf, but Medicare reimbursement checks will be sent directly to you. To avoid delays in your reimbursement, do not send any claims to Medicare yourself.
 - 3. Medicare requires chiropractic x-rays, but will not pay for them.

I understand & agree to the policy option noted above.	
Signature:	Date:
Patient:	